

Washington State Annual Program Performance Report

October 1, 2002 – September 30, 2003

Developmental Disabilities Basic State Grant Program
Developmental Disabilities Assistance and Bill of Rights Act of 2000,
Part B
Federal Assistance to State Developmental Disabilities Councils

Washington State



Annual Program Performance Report October 1, 2002 - September 30, 2003

Submitted to:

Administration on Developmental Disabilities Administration on Children and Families US Department of Health and Human Services December 2003

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INTRODUCTION

Developmental Disabilities Councils are authorized in the Developmental Disabilities Assistance and Bill of Rights Act (PL 106-402).

The federal law directs the Developmental Disabilities Council (DDC) to engage in advocacy, capacity building, and systemic change activities in order to contribute to a system of services and supports for people with developmental disabilities and their families that are:

- Coordinated,
- Consumer/family centered and directed,
- > Comprehensive,
- Culturally competent, and
- Includes needed community services, individualized supports, and other forms of assistance.

These supports and services are intended to promote:

- > Self-Determination,
- > Independence,
- Productivity, and
- Integration and inclusion in all facets of community life.

During this reporting period, the DDC worked toward the following goals:

- Child care Children and families benefit from a range of inclusive flexible child care options.
- Education & Early Intervention Students reach their educational goals.
 Infants and young children (birth to nine) reach their developmental potential.
- Employment Adults with developmental disabilities who want to work will have jobs.
- Health All people are as healthy as they can and want to be and benefit from the full range of health services.
- Housing People with developmental disabilities live where and with whom they want.
- Other Services Formal and Informal Community Supports Individuals have access to other services available or offered in a community, including formal and informal supports that improve their quality of life.

- Quality Assurance People have the information, skills, opportunities, and supports to live free from abuse, neglect, financial and sexual exploitation, and violation of their human and legal rights and the inappropriate use of restraints or seclusion.
- Transportation People with developmental disabilities and their families have transportation services for work, school, health, and personal needs.

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SECTION I: THE COUNCIL

The Washington State Developmental Disabilities Council (DDC) was established April 27, 1976 by Executive Order 96-06. The DDC's Designated State Agency is the Washington State Department of Community, Trade and Economic Development.

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SECTION II: REPORTING YEAR STATE TRENDS

State Economy & Budget

Washington continues to face decreasing revenue and high unemployment. The legislature faced a \$2.6 billion deficit for 2003-2005. Medicaid and health care costs remain the primary budget drivers, including prescription drug costs and increasing enrollment.

The State constitution requires funding of basic education. Education is a top priority of the Governor and the public. Education and human services are the major recipients of state funds. In the 2003 session, the legislature passed a no new revenue budget with cuts to health care and human services.

State Supplemental Payment (SSP) Program

The 2002 Legislature directed DSHS, Division of Developmental Disabilities (DDD) to change some of its services to cash payments to address the state budget shortfall. The DD Council is monitoring this change and has contracted with a consultant to monitor the impact of these changes on families, individuals, providers and staff. A preliminary report was issued in February 2003. In August 2003, the Social Security Administration (SSA) notified the state it did not approve the state's SSP plan resulting in a shortfall of \$21 million in the state's maintenance of effort and jeopardizing its Medicaid funding.

<u>Developmental Disabilities System Review & Criticism</u>

The 2003 Legislature didn't make cuts to the DDD budget. The agency responded to critical reports through administrative changes in departmental organization and plans to improve assessments, data/information systems management, and increased quality assurance. The DD Council continues to monitor these changes.

Centers for Medicare and Medicaid (CMS) CMS found the state to be out of compliance in implementation of its Medicaid Home and Community Based (HCB) Services waiver. The Department of Social and Health Services/Division of Developmental Disabilities (DDD) has submitted 4 waivers to replace the single HCB waiver. Approval is pending.

<u>In-Home Providers</u> The Legislature gave in-home care providers a 75 cents/hour raise but did not approve other provisions negotiated between

the Home Care Authority and the provider's union. The DD Council serves on the Home Care Authority board and is monitoring their development of a provider registry and training standards.

Access to health & dental care

Access to health care and dental services, including prescription drugs continues to be an increasing problem as fewer providers are willing to take Medicaid reimbursements. The legislature made cuts to health care for low-income families.

Intermediate Care Facilities & Residential Habitation Centers (RHCs) Council staff continue to monitor surveys and issues of compliance with regulations, health & safety, lack of active treatment and violations of human rights.

Employment

Several collaborative efforts are underway to improve employment outcomes for people with developmental disabilities. Council staff is worked with other disability organizations on improving Work Source Center (One-Stops) services and improving the state contracting preference law. Public awareness efforts are educating employers and the public about the benefits of hiring people with developmental disabilities through journal and newspaper editorials and human-interest stories.

STATUS OF WAIT LISTS

The Division of Developmental Disabilities maintains wait lists for the Family Supports and Voluntary Placement programs. The Family Supports program has a wait list of 7,642 families as of September 2003. The 2003 Legislature did not provide any funding for families on the wait list, so unless families go off the list, no new families can be added. The 2002 Legislature directed DDD to provide cash payments to families receiving state only dollars for Family Support. The cash payments are part of the state's Maintenance of Effort for State Supplementary Payment. Families can self-direct how they spend the cash payments.

A wait list for the Voluntary Placement Program (VPP) voluntary foster care services was established in response to the 2001-2003 budget. Prior to this, the VPP budget provided for caseload and per capita cost growth. The

2001-2003 budget did not provide new funding for caseload growth and also limited the per capita expenditures for individual client services. This trend has continued for the 2003-2005 budget cycle. It is anticipated that the waiting list for VPP services will continue to grow. As of September 2003, 74 families are on the wait list for VPP services.

Together with the proposed Home and Community Based waivers, DDD is developing a wait list procedure. The DD Council will continue to monitor DDD progress in dealing with wait lists and people with developmental disabilities who are unserved.

In addition to these wait lists; there are many other people eligible for DDD services that are unserved. The Joint Legislative Audit Review Committee's Performance Audit of the Division of Developmental Disabilities (December 2002) states that, based on records they received, 33 percent of those on caseload rolls received no services paid by DDD. This does not necessarily mean that these people are totally unserved. The study also found that 81 percent of the DDD clients receive services from other parts of the Department of Social and Health Services.

SECTION III: STATUS OF STATE PLAN IMPLEMENTATION CHILD CARE

Goal: Children and families benefit from a range of inclusive, flexible child care options.

CHILD CARE PROJECTS

Reporting data for October 1, 2002 through September 30, 2003

➤ Inclusive Child Care

The collaborative efforts of Council staff, the Division of Child Care and Early Learning, Department of Health, and Washington State Child Care Resource and Referral Network was influential in creating more inclusive child care options for children with special needs in the state. However, progress towards the goal has been impeded by funding cuts to the Division of Child Care and Early Learning that supported public health nurse consultation to child care providers. Staff will continue to work with partners in advocate for inclusive child care funding and policies that support inclusive child care options for families.

EDUCATION AND EARLY INTERVENTION

Goal: Students reach their educational goals. Infants and young children (birth to nine) reach their developmental potential.

EDUCATION PROJECTS

Reporting data for October 1, 2002 through September 30, 2003

Special Education Advocacy – 11/17/97 to 4/30/03

Contractor: Washington State Special Education Coalition

Council Funds Spent: \$15,935

Match (includes hard cash and volunteer time): \$14,150

Collaborators: Developmental Disabilities Community Advocacy

Coalition, Arc of Washington State, education groups

Project Description: The Special Education Advocacy Project provides information and education to parents, professionals, policy makers and organizations about special education issues. A legislative consultant provides legislative analysis and advice to special education advocates and a parent coordinator develops and disseminates educational materials/information to parents and community members, and assists parents in understanding their rights under the Individuals with Disabilities Education Act (IDEA).

Special education information is disseminated statewide through an email group list. Last year the list serves increased from 500 to 680 recipients. Parents and professionals receive pertinent information on special education issues, and assistance in communicating with educators and policymakers.

Results:

- 680 parents/ professionals received information/updates on special education issues.
- 149 public policymakers were educated about special education issues.
- 1,500 copies of informational materials distributed to policymakers.

EMPLOYMENT

Goal: Adults with developmental disabilities who want to work will have jobs.

EMPLOYMENT PROJECTS

Reporting data for October 1, 2002 through September 30, 2003

➤ Work Source Center Employment Project – 9/1/2003- 9/30/2007

Contractors: Rehabilitation Enterprises of Washington (REW), Horizons Incorporated of Sunnyside

Council Funds Spent: \$1,044

Match (includes hard cash and volunteer time): \$191

Collaborators: Developmental Disabilities County Coordinators, Department of Social and Health Services Division of Developmental Disabilities, Workforce Development & Training Board, Work Incentives Grant Steering Committee, Governor's Committee on Disability Issues and Employment, Community Rehabilitation Programs

Project Descriptions: Work Source center staff receives training on accessing and working with the developmental disabilities employment network to share information, training, expertise and resources to improve employment outcomes for people with developmental disabilities through the Work Source Center system. REW is focusing on systemic change efforts and Horizons is focusing on outreach to the Hispanic developmental disabilities population in Yakima Valley. The target is 75 adults with developmental disabilities will get jobs at least at minimum wages through the Work Source Center system by the end of the project and the employment retention rate after 1 year will be the same as for the general population getting jobs through the Work Source Center system.

The project had only just started at the end of the reporting year, so no results are reported at this time

Ticket to Work & Workforce Training

The Council is monitoring the implementation of Ticket to Work, Health Care for Disabled Workers Medicaid buy-in option, policy and administrative changes in the Department of Vocational Rehabilitation's, PASS and IRWE work incentive programs and the lack of funding for employment supports for students leaving high school. Council staff is participating on an advisory committee to the Workforce Investment grant tasked to improved services to people with disabilities at the Work Source Centers (One Stops), working with the Governor's Committee on Disability Issues and Employment, Division of Vocational Rehabilitation, Department of Services for the Blind, the Washington State Workforce Training and Education Coordinating Board, Office of Superintendent of Instruction, the Community and Technical Colleges, and Employment Security Department in reporting annually to the legislature on the status of training and employment of persons with disabilities in response to Senate Joint Memorial 8014, and participating on a planning committee for the State Disability Policy Conference held in the fall of 2003.

During the 2003 Legislative Session, advocates worked hard to prevent cuts in funding for prevocational training for adults with developmental disabilities and the Medicaid buy-in for Ticket to Work. However, efforts to secure additional funding for employment supports for students graduating in 2004 & 2005 in the budget were not successful.

HEALTH

Goal: All people are as healthy as they can and want to be and benefit from the full range of health services.

HEALTH PROJECTS

Reporting data for October 1, 2002 through September 30, 2003

➤ Health Care Training – 2/1/99 to 8/31/03

Contractor: University of Washington, Center on Human Development and Disability

Council Funds Spent during Reporting Period: \$9,762

Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$1,666

Project Description: Health care providers, individuals with developmental disabilities, family members, agency staff and residential providers received training on Health Resources and Health Promotion for Adults and Elders with Disabilities. A total of six workshops were held, three in eastern and 3 in western Washington. The training included modules on Growing Older with Developmental Disabilities, Health Promotion for Older Adults – Changing Behaviors to Improve Health, Screening Exams and Tests, and Nutritional Health. Twelve case studies were written and used as part of the Interactive training. The training curriculum is posted on the University Center for Human Disability and Development Web site. All participants in the trains completed a pre and post-test of knowledge about health issues for adults with developmental disabilities to measure whether or not the participants had learned anything as a result of the training. The results indicate participants did increase their knowledge and understanding of health resources and health promotion information.

Results:

• 92 people received Health Resources or Health Promotion training.

Other Activities and Results:

• 1 family member was involved in systems advocacy on health care. Kathy Hull, Council Member, Foster Parent

HOUSING

Goal: People with developmental disabilities live where and with whom they want.

HOUSING PROJECT

Reporting data for October 1, 2002 through September 30, 2003

➤ Home Run - 3/1/2002 - 9/30/2006

Council staff is working with the Arc of Washington to develop and promote a new project called Home Run. The Project will train and deploy 4-6 part time housing consultants throughout Washington State to prepare people

to qualify for home ownership. Funding is being sought from foundations, non-profits and other non-traditional sources to underwrite this two-year initiative. If funding is secured, by the end of two years 250 adults with developmental disabilities will be ready for home ownership.

Other Activities and Results:

Housing Trust Fund Developmental Disabilities Set- Aside

- 26 units of rental housing
- 8 banks made mortgage funds available
- \$6.9 leveraged for housing Housing Trust Fund (state dollars) - \$5M Other public/private sources - \$1.9

Other activities

 30 adults moved from into community residential from state institutions as a result of Olmstead.

Housing Trust Fund

Developmental Disabilities advocates were successful in keeping a set aside of \$5 million in the Housing Trust Fund (State Capital Budget) for people with developmental disabilities.

OTHER SERVICES (FORMAL & INFORMAL COMMUNITY SUPPORTS)

Goal: Individuals have access to other services available or offered in a community, including formal and informal supports that improve their quality of life.

COMMUNITY SUPPORTS PROJECTS

Reporting data for October 1, 2002 through September 30, 2003

➤ Inclusive Community Project -10/1/2002- 9/30/2005

Contractors: Vashon Island School District

Council Funds Spent: \$9,085

Match (includes hard cash and volunteer time): \$3,518

Collaborators: Vashon Island Parks District, Vashon Island Youth and Family Services, Vashon Island YMCA

Project Description: Partners are working to increase the inclusion of children and youth with developmental disabilities in enhanced educational, enrichment, and social activities in the Vashon Island community.

Systems Change and Community Inclusion Through the Arts – 10/1/2002 – 4/30/2005

Contractor: VSA arts of Washington

Council Funds Spent: \$12,282

Match (includes hard cash and volunteer time): \$3,400

Collaborators: gathering place of Port Hadlock, Greater Maple Valley Community Center, Coalition of Responsible Disabled of Spokane, SL Start

Project Description: Communities in Spokane, Port Townsend/Port Hadlock, Everett, Maple Valley, and Spokane are being supported to develop inclusive art classes and opportunities to exhibit art created by people with developmental disabilities. VSA arts assists communities in developing program sustainability plans and grant applications, supports art instructors and provides ongoing technical assistance to community programs.

Results:

- 15 individuals participated in art classes in Maple Valley
- 10 individuals participated in art classes in Port Townsend/Port Hadlock.
- 15 individuals participated in art classes in Spokane.

➤ <u>Supported Parenting Program – 10/1/2002- 9/30/2006</u>

Contractor: First Steps Support Center in Port Angeles

Council Funds Spent: \$1,713

Match (includes hard cash and volunteer time): \$245

Collaborators: Port Angeles School District, Clallam County Community Services, and Department of Social & Health Services/Division of Developmental Disabilities

Project Description: Parents with developmental disabilities receive training and support to work collaboratively with school personnel to increase their participation in the educational decisions for their children. School personnel are receiving training and support to understand the issues of parents with developmental disabilities and to better support them in being active participants in their children's educational decisions.

Results: Project staff have been working to build a cooperative/collaborative relationship with school personnel and to build trust with parents with developmental disabilities.

➤ One to One Project – 10/1/2002- 3/31/2005

Contractor: Yakima Valley Memorial Hospital/Parent 2 Parent Program Council Funds Spent: \$12,135

Match (includes hard cash and volunteer time): \$12,717

Collaborators: Yakima County Department of Community Services, Horizons/Sunnyside Youth Coalition, Sunnyside Presbyterian Church, Safe Haven, Enterprises for Progress in the Community

Project Description: Trains community/recreational programs in cultural competency and disability awareness, trains youths and matches with youths with developmental disabilities and supports participation in community recreational and social activities.

Results: 22 youths have been trained and 14 are mentoring youths with developmental disabilities.

Other Results: Advocacy Partnership Project - Arc of Washington

\$3.2M budget increase for RHC consolidation

\$2.5M budget increase for community residential (crisis prevention)

\$2.2M budget increase for community protection client services

\$17.3M budget increase for home care worker wage increase.

QUALITY ASSURANCE (SELF-DETERMINATION, ADVOCACY, LEADERSHIP, AND COUNCIL DEVELOPMENT)

Goal: People have the information, skills, opportunities and support to live free from abuse, neglect, financial and sexual exploitation, and violation of their human and legal rights and the inappropriate use of restraints.

ADVOCACY

Reporting data for October 1, 2002 through September 30, 2003

➤ Advocacy Partnership Project – 7/1/97 to 6/30/04

Contractor: The Arc of Washington Council Funds Spent during Reporting Period: \$130,834 Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$200,729

Project Description: Information and education is provided to legislators, legislative staff, other disability organizations and advocacy organizations on developmental disabilities issues. During the legislative sessions, a weekly Developmental Disabilities Advocacy Days were held at the state capital, information and educational briefing documents on current issues were distributed to policy makers, advocates, families and individuals with developmental disabilities. A Disabilities Legislative Receptions was held in collaboration with other disability organizations and advocates to inform and education legislators and staff about issues important to individuals and families. Volunteers meet with legislators and provide educational information about ongoing issues of concern to the developmental disabilities community. Parents, family members and self-advocates are supported to participate in Advocacy Day and to meet with their legislators to share information about public policy issues, and to connect with their legislators. Self-advocates and parents participated in a "mentor your legislator" project.

Project Status: As a result of the Council's ongoing commitment to training parents and self-advocates to advocate effectively, great strides

have been made for people with developmental disabilities in the state. The Developmental Disability advocacy effort is considered one of the strongest on the hill. Developmental Disability issues and concerns are consistently presented to legislators/staff. The "mentor a legislator" aspect of the Advocacy Partnership Project has proven to be a very effective and important tool in educating new legislators about the issues important to individuals and families in the developmental disabilities community. Off-session strategy meetings provide advocates with an opportunity to discuss what went well during the last session and to plan to more effectively educate and inform policy makers about the developmental disabilities issues.

Results:

- 149 legislators and staff were educated and informed about issues important to people with developmental disabilities and their families.
- 503 unduplicated people participated in Advocacy Day:

Self-advocates 238 Family members 134 Others 131

 278 people were trained in leadership, self-advocacy and selfdetermination.

LEADERSHIP

➤ Local Disabilities Leadership Development – 3/7/01 to 9/30/04

Contractors: Clark County Community Services, Arc of Olympic Penninsula, and Arc of Spokane, Reliable Enterprises, and Kitsap County Parent Coalition

Council Funds Spent during Reporting Period: \$24,350 Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$15,990

Project Description: Participants participate in 6 workshops to learn about the history of the developmental disabilities movement, service systems, advocacy and conducted projects in their local communities. Annually, the DD Council in Olympia hosts a legislative training workshop. Participants in the local projects are supported to attend the

weekend workshop, which includes training in legislative advocacy, roleplaying a legislative hearing, legislative processes and public policy advocacy. Forty-five individuals are currently enrolled in local disability leadership programs around the state.

Results:

• 45 individuals are participating in local leadership programs.

Parents/family members 30 Self–advocates 15

➤ Self-Advocates on Boards & Commissions – 4/14/98 to 3/31/04

Contractors: People First of Washington Council Funds Spent during Reporting Period: \$21,798 Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$7,599

Project Description: This project is in its fifth year. The curriculum, Mixed Voices, was developed in year one and self-advocates were trained as trainers. Self-Advocates are trained in serving on a board, assisted to apply for board membership and boards receive training to be welcoming and to practice inclusion principles. Trainers consist of a team of a self-advocates and a community trainer. The project continues to support trainers and training in King, Snohomish, Whatcom, Cowlitz, Clallam, Jefferson, Spokane, and Benton/Franklin counties and is looking to expand into Grays Harbor and Asotin counties.

Results:

- 11 self-advocates attained membership on boards, commissions or standing committees.
- 11 boards received training.
- 200 self-advocates received board training.

➤ Youth Leadership Forum 7/10/00 – 9/30/03

Contractor: Governor's Committee on Disability Issues and Employment Council Funds Spent during Reporting Period: \$6,460 Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$53,415

Project Description: Youths with developmental disabilities participate in a Four Day Youth Leadership Forum hosted by the Governor's Committee on Disability Issues and Employment. Participants learn about disability issues, how to set high academic and career goals, identify resources, realize their leadership potential, and become active in their communities. They developed friendships and learned about the struggle for civil rights for people with disabilities that resulted in the Americans with Disabilities Act. Graduates are invited to return as peer mentors.

Results:

- 12 youths with developmental disabilities participated in the annual Youth Leadership Forum.
- 2 graduates returned as peer mentors.

SELF-DETERMINATION & SELF-ADVOCACY

Self-Advocacy on the Developmental Disabilities Council (DDC) – 5/1/96 to 9/30/03

Contractor: People First of Washington Council Funds Spent during Reporting Period: \$22,798 Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$0

Self-advocates serving on the Council received personalized supports, materials in alternative format, travel arrangement assistance, training, and consultation.

➤ Self-Advocates Mentor Project 4/30/2002 – 6/30/2003

Contractor: Highline Community College Council Funds Spent during Reporting Period: \$9,215

Matching Funds Spent during Reporting Period (includes hard cash and

volunteer time): \$27,380

Collaborator: Region 4 Developmental Disabilities

Project Description: Self-advocates are trained as mentors and matched with individuals moving from the state institutions to the community under Olmstead. The mentors received extensive training on mentoring

and supporting the self-determination of people making the transition from institutional living to community living. Mentors meet with the self-advocate and together they participate in community activities. Stipends are provided to the mentors as well as the costs for community activities.

Results:

- 21 self-advocates were training in leadership and mentoring skills.
- 8 mentors were matched with Olmstead movers.

➤ Self-Advocacy Initiative 1/1/01 – 6/30/04

Contractor: Arc of Washington

Council Funds Spent during Reporting Period: \$39,150

Matching Funds Spent during Reporting Period (includes hard cash and

volunteer time): \$37,950

Project Description: Self-advocates receive advocacy training and opportunities to participate in the legislative process. Four self-advocates are working as coordinators in their local communities to provide information and education to local self-advocacy organizations and individuals about developmental disabilities policy issues. Leadership is being developed at the local level to strengthen and support a coordinated, statewide self-advocacy effort and ongoing communication about legislative and public policy initiatives and issues. Training is provided to self-advocacy organizations and groups about legislative advocacy and self-advocacy. Staffing support is provided to the Self Advocates in Leadership (SAIL) Coalition.

Results:

- 3 regional self-advocacy coordinators, trained and coordinating advocacy in their local community.
- 15 self-advocates are taking leadership roles in their community.
- Advocacy training was presented at 27 workshops across the state in 17 counties.
- 440 self-advocates attended advocacy-training workshops.
- Membership in SAIL increased from 110 to 118

Self-Advocates in Leadership (SAIL) Coalition

The Council funds the meeting costs for the state's Self-Advocates in Leadership (SAIL) coalition. This coalition, along with activities conducted through the Self-Advocates Initiative, is providing ongoing opportunities for self-advocates across the state to engage in the process of shaping public policy that impacts their lives. Self-advocates are coming together to create a strong unified voice in the public policy area and are taking leadership roles at SAIL meetings, Advocacy Day, and in their communities. SAIL members developed their own legislative agenda, wrote letters and post cards to the Governor, legislators, and met with their legislators at local legislative receptions, town hall meetings and at the legislature. The self-advocacy movement is growing, becoming stronger, and putting a face and story to who people with developmental disabilities are and what they need and want for their lives. Self-advocacy representatives participated in stakeholder discussion regarding changes to the DD Statute, testified at hearings on behalf of organizations and took the lead during the final weeks of the session in advocating for the closure of a state institution. A survey mailed to SAIL membership indicated 86% feel they have learned more about legislative issues that affect their lives as a result of SAIL and their participation in Advocacy Day.

Results:

- 118 self-advocates are members of the SAIL coalition.
- 25 self-advocates were active in systems advocacy during the 2003 Legislative Session.
- 3 self-advocates testified at legislative hearings.
- 50 self-advocates were trained in systems advocacy.

Other activities:

Council staff hosted weekly conference calls to exchange information between Council members and staff and participated on the following advocacy coalitions: Developmental Disabilities Advocacy Coalition, Children's Budget Coalition, Welfare Advocates Group, Long Term Care Coalition, Housing Partnerships, and Child Care Works for Washington.

COUNCIL DEVELOPMENT

Council members attended various training and conferences including: Fall and Spring meetings of the National Association of Developmental

Disabilities Councils, Free Our People March, Voices of the Retarded, and Self-Determination Employment Conference.

The annual Council Development Meeting provided training for members and staff on inclusion, communication, and serving as a Chair.

The Council's mentoring program continues to provide a mentor for new Council members who want to be mentored.

TRANSPORTATION

Goal: People with developmental disabilities and their families have transportation services for work, school, health and personal needs.

➤ Building Inclusive Communities 10/1/2002 – 3/31/2004

Contractor: Elmview

Council Funds Spent during Reporting Period: \$13,000

Matching Funds Spent during Reporting Period (includes hard cash and

volunteer time): \$2,666

Collaborators: Department of Social and Health Services/Division of Developmental Disabilities, Department of Vocational Rehabilitation, Employment Security Department, Kittitas County Action Council, People for People, Central Washington Comprehensive Mental Health, Kittitas County Alliance, Central Washington Disability Resources

Project Description: Elmview is funded to create a more inclusive community by increasing awareness about the transportation needs of people with developmental disabilities and working to get a local tax passed to support public transportation. The project conducted a needs assessment during 2003 and is using the survey/assessment results to develop a transportation model. Self-advocates and family members are participants in the design of the system. Media and outreach materials are being developed for the public awareness campaign and are targeting increasing understanding of the value of including people with developmental disabilities in all aspects of community life. A ballot measure will be introduced for public vote to fund the public transportation system.

OTHER - CROSS CUTTING

Media/Public Relations Consultation 101/2002 – 3/31/2004

Contractor: Harris & Smith Public Relations Council Funds Spent during Reporting Period: \$34,385 Matching Funds Spent during Reporting Period (includes hard cash and volunteer time): \$0

Project Description: The Council is contracting with Harris & Smith Public Relations for media/ public relations consultation and training. The Executive Director meets regularly with the contractor to discuss ongoing and merging issues, and to develop op-eds and human-interest stories about people with developmental disabilities working and living in the community. Training and consultation is provided to Council members and staff on framing the issues, developing clear and concise messages about developmental disabilities issues, working with reporters and getting the Council's messages/initiatives out in print media.

Other Activities

Family Supports Project: - Crossing the Bridge: Supporting Families in Ethnic Communities

The Council received funding for a Family Supports Project through the federal Administration on Developmental Disabilities under Projects of National Significance. The goal of the project is for families in ethnic communities to be included in a network of informational, emotional and social supports in their community and to receive the supports and services they need. Outreach is being conducted in four ethnic groups in two areas of the state: Latino, African American, Pacific Islander/Asian and the Refugee community in King County, and the Latino communities in Lower Yakima Valley.

Outreach workers are linking families to agencies and organizations in their communities, conducting home visits, assisting monolingual families in applying for services and in communicating with service providers and special education personnel. A family-to-family mentor program is matching families in the cultural communities who are familiar with service systems

with families that are new to the system. Families were brought together in community gatherings held in each ethnic community. Gatherings featured cultural foods, music, dance and décor. Teams of trainers, consisting of a parent or family member and a professional, were trained in cultural competency using the George Mason University curriculum "Infusing Cultural Competency in Early Childhood Programs" and have conducted cultural competency training throughout the state to over 1,000 people. The project is scheduled to end January 31, 2004. Efforts are underway in each community to continue several aspects of the projects through local and other state/county funding sources. A final report on the project, including recommendations, will be published in February 2004 and distributed to policy makers, state and county developmental disability managers and other interested parties.

SECTION IV: CONSUMER SATISFACTION WITH COUNCIL SUPPORTED OR CONDUCTED ACTIVITIES

The Consumer Satisfaction Survey was sent to individuals who participated in four Council funded activities: Advocacy Partnership Project – Advocacy Day, Self-Advocates on Boards & Commissions Project – board and self-advocate trainings, Disabilities Local Leadership Development Projects – leadership training workshops, and Self-Advocates in Leadership (SAIL) Coalition – meetings and advocacy with legislators.

Consumers were asked to indicate their level of satisfaction with participation in the Council funded projects in general and in specific areas such as: consumers were asked about their satisfaction with participation in legislative advocacy through the Advocacy Partnership project and attendance at Advocacy Day during the 2003 Legislative Session; meeting participation, information and advocacy opportunities through the SAIL Coalition; leadership skills development, learning legislative advocacy and participation in the Disabilities Local Leadership Development projects and self-advocates were asked about the training they received to serve on boards and commissions, and boards were asked if the inclusion training was effective that they received through the Self-Advocates on Boards and Commissions project. Consumers were asked if they feel participation in the Council projects has improved their access to services and supports in the community, improved their ability to advocate with policy makers, and to have the skills they need to be leaders in their community.

Overwhelmingly, the response was improved ability, increased access and learning skills needed to be leaders. Out of 100 responses, 87 individuals reported being very satisfied with their participation in the Council projects, and 10 more reported being somewhat satisfied.

SECTION V: REPORTING YEAR EXPENDITURES

A. Types of Recipient

RECIPIENT	Part B \$	Match \$	TOTAL
1. DD Council	\$597,490	\$15,169	\$612,659
2. Designated State Agency	50,000	142,909	192,909
3. Other(s) State Agency	24,760	84,312	109,072
4. P&A System	0	0	0
5. UCEDD	9,762	1,666	11,428
6. Non-Profit Organizations	302,913	292,931	595,844
7. Other	99,685	0	99,685
8. TOTAL	1,084,610	536,987	1,621,597

B. Cost Categories – Priority Areas, General and Designated State Agency (DSA) Functions

CATEGORY	Part B \$	Other(s)	TOTAL
		\$	
1. Employment	\$38,844	\$191	\$39,035
2. Education & Early Intervention	53,735	14,150	67,885
3. Housing	37,800	0	37,800
4. Health	47,562	1,666	49,228
5. Child Care	37,800	0	37,800
6. Recreation	0	0	0
7. Transportation	50,800	2,666	53,466
8. Quality Assurance	475,363	343,054	818,417
9. Formal/Informal Community			
Supports	73,216	17,182	90,398
10. General management	219,490	15,169	234,659
11. Functions of the DSA	50,000	142,909	192,909
12.TOTAL	1,084,610	536,987	1,621,597

Note: The Designated State Agency for the DDC is the Department of Community, Trade and Economic Development, Office of Community Development.

SECTION VI: DISSEMINATION OF ANNUAL REPORT

The FFY03 Annual Program Performance Report will be disseminated to all Council members and interested parties. A notice will be sent to the Council's interested parties mailing list of individuals and organizations of the availability of the report and the report will be posted on the Council's Web site at www.ddc.wa.gov. The report will be made available in alternative formats upon request to the Council office. A summary of the report highlighting milestones and significant achievements will be published and distributed to policy makers, advocates, and the members of the public on the Council's mailing lists. The Council's media/public relations consultant will work with the print media to get a press release and notices published around the state.

SECTION VII: DEVELOPMENTAL DISABILITIES NETWORK COLLABORATION

The Developmental Disabilities Network (DD Network) is the Developmental Disabilities Council (DDC), the Protection and Advocacy System (P&A), and the University Center for Excellence in Developmental Disabilities Education, Research, and Services (University Center for Excellence). In Washington State, the University Center for Excellence is the University of Washington Center on Human Development and Disability.

The DDC, P&A and Center for Excellence have identified issues/barriers affecting individuals with developmental disabilities and their families. The following are areas in which the Council is collaborating with one or more of the DD Network.

- Access to health care and mental health services for people with developmental disabilities
- System advocacy/quality assurance meetings to coordinate system change/public policy strategy
- Leadership Development Leadership development opportunities for self-advocates & family members
- ➤ Board Coordination Exchange information and coordinate activities by serving on partner boards

Access to Health Care

People with developmental disabilities lack access to health and mental health services due to low Medicaid reimbursement rates, lack of health/mental health professional training, and lack of general insurance coverage. The DDC, P & A and the University Center for Excellence are working on a variety of strategies to increase access to and the quality of health and mental health services for people with developmental disabilities and their families.

The DDC is funding the University Center for Excellence to train individuals, family members and residential providers about health resources and health promotion. The DDC is supporting mental health parity legislation proposed by the P&A system and other advocates. This proposal will be presented to the 2003 legislature. The DDC is monitoring proposed changes to the state Medicaid program through a waiver submitted to CMS. The P&A has taken the lead on this and has provided

information to the DDC and staff. The DDC is researching a Medicaid buyin program for families who have children with disabilities who require more intensive health/mental health services.

Physicians were not interested in participating in training, so training was developed and offered to nurses and physician assistants, and is now being offered to individuals, family members and residential providers. This is increasing the number of people trained in Health Resources and Health Promotion.

Appendix A

Developmental Disabilities Council Membership As of September 30, 2003

Name	Position/Agency	Location (county)	
George Walker	Chair, Parent	King	
William Anderson	Parent of individual in institution	King	
Kim Blume	Parent	Benton	
Tracie Day	Parent	Yakima	
Joelle Brouner	Self-Advocate	King	
William "BJ" Flaherty	Self-Advocate	Yakima	
Lori Flood	Parent	Snohomish	
Vickie Foster	Self-Advocate	King	
Suzanne Gries	Parent	King	
Mike Hatch	Interested party	Snohomish	
Sherri Huwe	Parent	Columbia	
Alphonso Lee	Service Provider	Yakima	
Clara Link	Self-Advocate	Pierce	
Sara McQueed	Self-Advocate	King	
Mike Raymond	Self-Advocate	Pierce	
Carol Shaw	Parent	Pierce	
Mary Jo Sizemore	Self-Advocate	King	
Melinda Sperline	Parent	Grays Harbor	
Rita Wang	Parent	Whatcom	

Name Position/Agency Location (county)
Julie Williamson Self-Advocate Spokane

Diana Zottman Family Member King

Agency Representatives:

Mark Stroh Washington Protection and

Designee: Phil Jordon Advocacy System

Linda Rolfe Division of Developmental

Designee: Janet Adams Disabilities, DSHS

Karl Brimmer Mental Health Division, DSHS

Michael Guralnick University Centers for Excellence,

Designee: Sherrie Brown

Center on Human Development and Disability, University of

Washington

Martha Choe Department of Community, Trade

Designee: Marijo Olson and Economic Development

Uma Ahluwalia Children's Administration, DSHS

Mary Selecky Department of Health

Designee: Angela Gibson

Doug Gill Office of Superintendent of Public

Designee: Lou Colwell Instruction

Kathy Leitch Aging and Adult Services

Designee: Patty McDonald Administration, DSHS

Michael O'Brien Division of Vocational Designee: Lee Ruddy Rehabilitation, DSHS

J.Doug Porter Medical Assistance
Designee: Diana McMaster Administration, DSHS

DSHS = Department of Social and Health Services

Developmental Disabilities Council Projects/Contracts Results October 1, 2002 - September 30, 2003 (Federal Fiscal Year 2003)

2915 individuals and families in every county in the State benefited from the Council's investments in projects and contracts during Federal Fiscal Year 2003. Individuals with developmental disabilities and families are more independent, productive, integrated and/or included as a result of the participation in Council projects, activities and initiatives, collaborations and partnerships with community and statewide organizations, and the efforts of Council and staff. Statewide results are listed below with the name of the project and the contractor. A list of results by county follows the statewide list.

Statewide Results

Advocacy Partnership Project - Arc of Washington

- Over 600 organizations and individuals received weekly legislative alerts during the Legislative Session.
- \$25.2 million dollars were added to the state budget for people with developmental disabilities as a result of the advocacy efforts during the 2003 Legislative Session.
- 822 people attended Advocacy Day; 503 unduplicated individuals (238 self-advocates, 134 family members and 131 others), from 21 counties across the state.
- A 5-member Volunteer Legislative Team, including two parents from Olympia, met regularly with legislators and staff.
- 82 mentors were matched with Legislators in their district to share weekly information about developmental disabilities issues.
- 2 bills were passed HB1813 Employment Opportunities, HB 1904 Changes in Mandatory Reporting, ESB 5971 Consolidation of RHCs.

Self-Advocacy Initiative Project – Arc of Washington

440 individuals trained in legislative advocacy.

- 238 self-advocates gained experience working with the legislative process.
- 10 self-advocates testified at legislative hearings.
- 4 self-advocates coordinators shared information from SAIL Coalition and other meetings with local groups.
- Membership in the Self-Advocates in Leadership (SAIL) Coalition increased from 110 to 118
- 15 self-advocates emerged or continued leadership roles in their community (Bremerton, Longview, Puyallup, Tacoma, Richland, Ellensburg, Seattle, Bellingham, Spokane, and Mt. Vernon.)
- Legislative Advocacy Workshops were held for 27 groups in 17 counties.

County Results

ADAMS COUNTY - 10

 10 parents/professionals received information & updates on special education issues – Special Education Advocacy Project – Washington State Special Education Coalition (WSSEC)

ASOTIN COUNTY - 32

- 2 members of Self Advocates in Leadership (SAIL) Coalition
- 23 self-advocates attended advocacy training Self-Advocacy Initiative – Arc of Washington
- 7 parent received information/updates on special education issues -Special Education Advocacy Project - WSSEC

BENTON COUNTY - 65

- 15 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 2 members of the SAIL Coalition
- 19 self-advocates trained Boards & Commissions Project People First of Washington
- 29 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC

CHELAN COUNTY - 46

 19 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC

- 15 self-advocates attended advocacy training Self-Advocates Initiative Project – Arc of Washington
- 12 people participated in a focus group about SSP SSP Monitoring Project – FLT Consulting

CLALLAM COUNTY - 152

- 16 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 3 self-advocates appointed to a board, 45 people trained, 39 board members trained Boards & Commissions Project People First
- 5 members of the SAIL Coalition
- 18 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 15 people participating in Local Leadership Development
- 11 people trained in Health Promotion Health Care Training Project UW
- 90 education professionals received inclusion training Inclusive Communities Project – First Steps Support Center

CLARK COUNTY - 95

- 29 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 20 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 10 family members and 2 self-advocates conducted projects in the local community through the Local Leadership Development Project – Clark County Human Services
- 31 people trained in Health Resources Health Care Training Project -UW
- 5 members of the SAIL coalition

COLUMBIA COUNTY - 3

 3 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

COWLITZ COUNTY - 33

 21 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

- 7 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 4 members of the SAIL coalition
- 1 self-advocate appointed to a board Self-Advocates on Boards & Commissions – People First of Washington

DOUGLAS COUNTY - 11

- 10 parents/professionals received information & updates on special education issues - Special Education Advocacy Project

 WSSEC
- 1 self-advocate attended the Youth Leadership Forum GCDE

FERRY COUNTY - 15

 15 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

FRANKLIN COUNTY - 22

- 12 parents/professionals receiving information/updates on special education issues – Special Education Advocacy Project – WSSEC
- 10 people participating in local community projects Local Leadership Development – Arc of Tri-Cities

GARFIELD COUNTY - 5

- 5 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate peer mentor at Youth Leadership Forum GCDE

GRANT COUNTY - 16

- 19 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate peer mentor at the Youth Leadership Forum GCDE
- 11 people attended Health Care Training Health Care Training Project
 UW

GRAYS HARBOR COUNTY - 66

- 21 parents/professionals received information & updates on special education issues Special Education Advocacy Project WSSEC
- 33 self-advocates attended advocacy training Self-Advocacy Initiative

 Arc of Washington

- 10 people attended Health Resources Training Health Care Training Project – UW
- 1 self-advocate attended the Youth Leadership Forum GCDE
- 1 self-advocate appointed to a board Self-Advocates on Boards & Commissions – People First of Washington

ISLAND COUNTY - 18

- 14 self-advocates trained in advocacy Self Advocates Initiative Arc of Washington
- 4 parents receiving information/updates on special education issues -Special Education Advocacy Project – WSSEC

JEFFERSON COUNTY - 65

- 15 parents/professionals received information & updates on special education issues Special Education Advocacy Project WSSEC
- 20 board members trained, 13 self-advocates trained and 1 self-advocate appointed to a board Self-Advocates on Boards & Commissions Project People First of Washington
- 15 self-advocates participated in inclusive art classes Inclusive Communities Project – VSA arts of Washington
- 1 self-advocate attended the Youth Leadership Forum GCDE

KING COUNTY - 197

- 35 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 1 youth attended the Youth Leadership Forum GCDE
- 33 members of the SAIL coalition
- 64 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 20 board members trained, 2 self-advocates appointed to a board Self-Advocates on Boards & Commissions Project – People First of Washington
- 2 self-advocates mentored Olmstead movers Self-Advocates as Mentors Project – Highline Community College
- 15 self-advocates participated in inclusive art classes Community Inclusion Project – VSA arts of Washington
- 25 people attended a Media Workshop Media/Public Relations Consultation Project – Harris & Smith Public Relations

KITSAP COUNTY - 52

- 14 self-advocates trained in advocacy Self Advocacy Initiative Arc of Washington
- 20 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 5 members of the SAIL Coalition
- 13 people participated in community projects Local Leadership Development – Kitsap County Parent Coalition

KITTITAS COUNTY - 65

- 35 self-advocates trained in advocacy Self Advocacy Initiative Arc of Washington
- 1 self-advocacy coordinator Self-Advocacy Initiative Arc of Washington
- 21 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 8 members of SAIL coalition

KLICKITAT – 12

- 9 parents/professionals received information & updates on special education issues – Special Education Advocacy Project– WSSEC
- 3 members of the SAIL coalition

LEWIS COUNTY - 42

- 27 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 15 people participating in Local Leadership Development Reliable Enterprises

LINCOLN COUNTY - 6

• 6 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

MASON COUNTY - 37

- 20 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 2 members of the SAIL Coalition

15 self-advocates attended advocacy training – Self-Advocacy Initiative
 Arc of Washington

OKANOGAN COUNTY - 20

- 19 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 member of the SAIL Coalition

PACIFIC COUNTY - 8

 8 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

PEND OREILLE COUNTY - 13

• 13 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

PIERCE COUNTY - 83

- 21 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 14 members of the SAIL coalition
- 1 self-advocates appointed to boards Boards & Commissions Project People First of Washington
- 4 trained and 2 self-advocates mentoring Olmstead movers Self-Advocates Mentor Project – Highline Community College
- 41 parents/professionals received information & updates on special education issues Special Education Advocacy Project WSSEC

SAN JUAN - 5

 5 parents/professionals receiving information & updates on special education issues – Special Education Advocacy Project - WSSEC

SKAGIT COUNTY - 46

- 20 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 1 member of SAIL Coalition
- 23 parents/professionals received information/updates on special education issues - Special Education Advocacy Project – WSSEC
- 2 self-advocates attended the Youth Leadership Forum GCDE

SKAMANIA COUNTY - 4

 4 parents/professionals receiving information/updates on special education issues - Special Education Advocacy Project – WSSEC

SNOHOMISH COUNTY - 86

- 5 board members trained and 8 self-advocates trained Self-Advocates on Boards & Commissions Project - People First of Washington
- 5 members of the SAIL Coalition
- 46 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 2 youths attended the Youth Leadership Forum GCDE
- 1 self-advocate mentoring an Olmstead mover Self-Advocates Mentor Project – Highline Community College
- 19 self-advocates received advocacy training Self-Advocacy Initiative – Arc of Washington

SPOKANE COUNTY - 220

- 32 self-advocates trained in advocacy Self-Advocacy Initiative Arc of Washington
- 31 board members trained, 70 self-advocates trained, 1self-advocate appointed to board – Self-Advocates on Boards & Commissions Project – People First of Washington
- 21 members of the SAIL coalition
- 1 self-advocacy coordinator Self-Advocacy Initiative Arc of Washington
- 48 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate attended the Youth Leadership Forum GCDE
- 15 people participating in Local Leadership Development Arc of Spokane
- 10 self-advocates participated in inclusive art classes Inclusive Community Project – VSA arts of Washington

STEVENS COUNTY - 54

- 25 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate attended the Youth Leadership Forum GCDE
- 12 people attended advocacy training Arc of Washington

 16 people attended Health Resources training – Health Care Training Project - UW

THURSTON COUNTY - 39

- 8 members of the SAIL coalition
- 1 youth attended Youth Leadership Forum GCDE
- 15 parents/professionals received information & updates on special education issues Special Education Advocacy Project WSSEC
- 5 self-advocates attended advocacy training Self-Advocacy Initiative Project – Arc of Washington

WAHKIAKUM COUNTY - 2

 2 parent/professional received information & updates on special education issues - Special Education Advocacy Project – WSSEC

WALLA WALLA COUNTY - 13

- 12 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC
- 1 self-advocate attended Youth Leadership Forum GCDE

WHATCOM COUNTY - 85

- 18 self-advocates trained in advocacy Self Advocacy Initiative Arc of Washington
- 15 board members trained, 8 self-advocates trained Self-Advocates on Boards & Commissions Project - People First of Washington
- 30 parents/professionals received information & updates on special education issues Special Education Advocacy Project WSSEC
- 14 members of the SAIL Coalition

WHITMAN COUNTY - 12

 16 parents/professionals received information & updates on special education issues - Special Education Advocacy Project – WSSEC

YAKIMA COUNTY - 144

- 37 self-advocates trained in advocacy Self Advocacy Initiative Arc of Washington
- 54 parents/professionals received information & updates on special education issues Special Education Advocacy Project WSSEC
- 10 members of the SAIL coalition.

- 29 self-advocates trained Self-Advocates on Boards & Commissions Project – People First of Washington
- 22 youths have been trained and 14 are mentoring youths with developmental disabilities – One 2 One Project – Yakima Valley Memorial Hospital, Parent 2 Parent

For additional information about the Council's projects, please contact: Clare Billings 1-800-634-4473, or 360-586-3565 clareb@cted.wa.gov